

RUN TO THE SUN

60.4 MILES



PRATT'S BOTTOM

START

TOUR DE KENT

Watch out for cyclists, they're everywhere!

THE M25
Only briefly today, it's a short hop to biking nirvana and a chance to relax, listen to your bike and relish the thought of what's to come.



SO GOOD YOU'LL DO IT TWICE!
Sweeping downhill S bends with stunning views. There's a parking area and viewing spot which makes a great place to pause on the way home.



BIKER STORE CAFE
A new retro culture cafe with great coffee, food and bike gear. Run and owned by bikers.

SHARP BENDS!
Ide Hill: there's a tricky right-left section that has a viewing spot car park between the two bends - watch out for dawdling tourists!

ROAD POSITIONING
Take care, there are some tight bends that if you're not careful will catch you out and put you on the wrong side of the road. Read the road and watch your positioning.

MAKING PROGRESS
A lovely stretch to really enjoy...

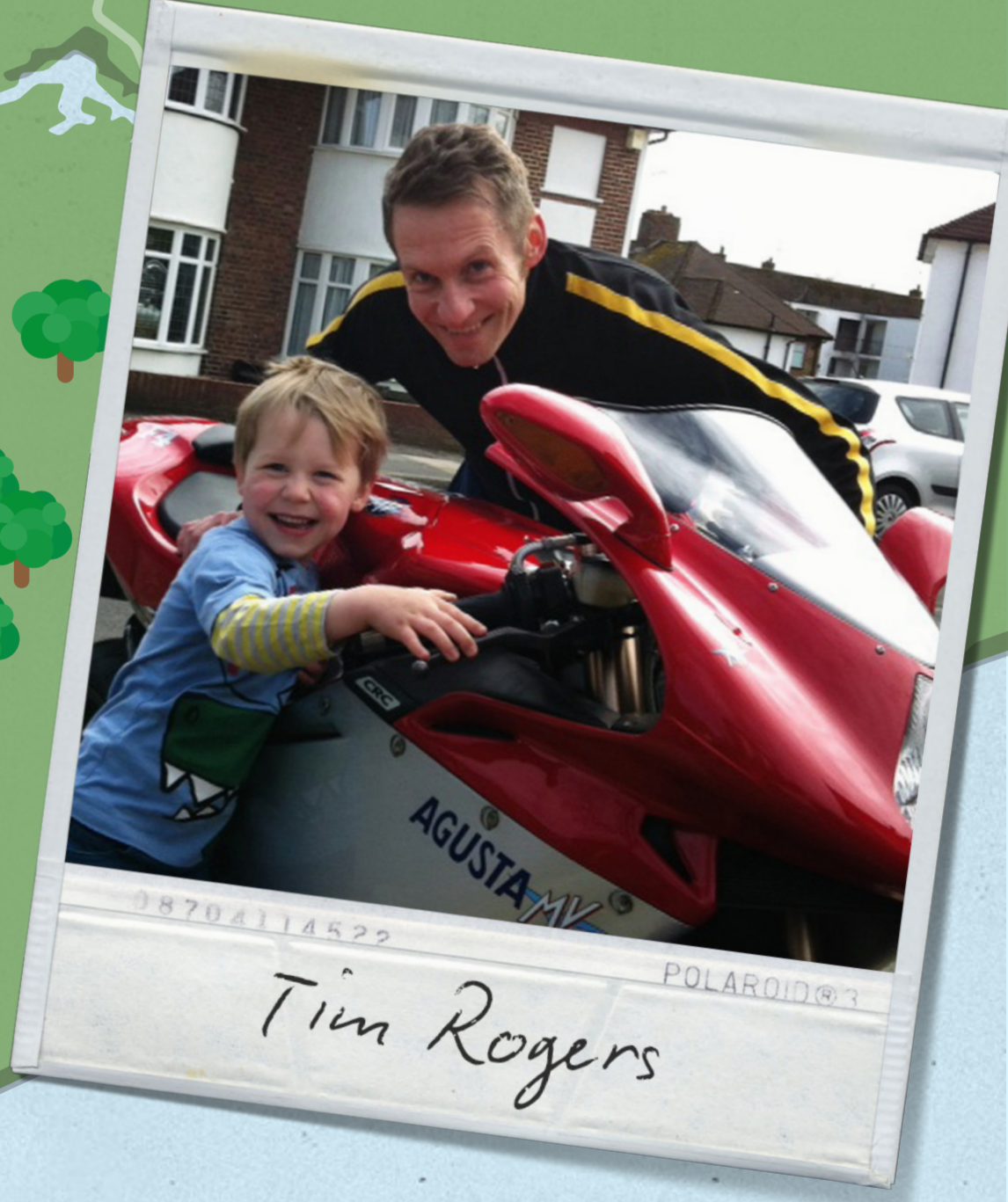


SCHOOL
Watch your speed as you go past Cumnor House School.



THE RAINBOW INN
at Cooksbridge. Good grub!

TRAIN TRACKS
Take care as you cross the train tracks.



SEASIDE AND CHIPS
Either rest up in Lewes or carry on to Brighton for fish n chips and an ice cream. What could be better?



BRIGHTON

END

South East England

South Downs National Park